

Continental Resources To Announce First Quarter 2019 Results On Monday, April 29, 2019

Earnings Conference Call Scheduled for Tuesday, April 30, 2019 at 12:00 p.m. ET

OKLAHOMA CITY, March 28, 2019 /PRNewswire/ -- Continental Resources, Inc. (NYSE: CLR) (the Company) plans to announce first quarter 2019 results on Monday, April 29, 2019 following the close of trading on the New York Stock Exchange. The Company plans to host a conference call to discuss first quarter 2019 results on Tuesday, April 30, 2019 at 12:00 p.m. ET (11:00 a.m. CT). Those wishing to listen to the conference call may do so via the Company's website at www.CLR.com or by phone:

Time and date:	12 p.m. ET, Tuesday, April 30, 2019
Dial-in:	844-309-6572
Intl. dial-in:	484-747-6921
Conference ID:	4290299

A replay of the call will be available for 14 days on the Company's website or by dialing:

Replay number:	855-859-2056 or 404-537-3406
Intl. replay:	800-585-8367
Conference ID:	4290299

Logo - <http://photos.prnewswire.com/prnh/20120327/DA76602LOGO>

The Company plans to publish a first quarter 2019 summary presentation to its website at www.CLR.com prior to the start of its conference call on April 30, 2019.

About Continental Resources

Continental Resources (NYSE: CLR) is a top 10 independent oil producer in the U.S. Lower 48 and a leader in America's energy renaissance. Based in Oklahoma City, Continental is the largest leaseholder and the largest producer in the nation's premier oil field, the Bakken play of North Dakota and Montana. The Company also has significant positions in Oklahoma, including its SCOOP Woodford and SCOOP Springer discoveries and the STACK plays. With a focus on the exploration and production of oil, Continental has unlocked the technology and resources vital to American energy independence and our nation's leadership in the new world oil market. In 2019, the Company will celebrate 52 years of operations. For more information, please visit www.CLR.com.

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